1:Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

USE OF FIRE. Matches are fast finding their way into the villages of India and as a result primitive ways of making fire are disappearing. Enquiries among Kols in sections where matches are not generally in use showed that they have two primitive methods of making fire. Even here it is not often necessary to prepare fire afresh, as it is usually

Fig. 10

kept in ignited lumps of cow-dung, which burn slowly and are not easily extinguished. It is not infrequent to see, in such villages, a woman going from one house to another taking with her a smoking piece of cow-dung to start her own fire.

The most usual method is to strike a stone against iron. The spark is directed into a bit of cotton from the *semal* tree (*Bombax malabaricum*) which is very easily ignited. Kols collect and preserve the cotton for this purpose. The second method often practised is that of rubbing together two well-dried sticks of the *pipal* tree (*Ficus religiosa*). One stick is notched. A sawing method is used, and a bit of *semal* cotton dropped into and around the notch, where the heat generated by friction ignites it. This is carefully nursed and transferred to dry leaves and grass.

FOODS AND THEIR PREPARATION. Like most village and common folk in India the Kols have two meals a day : one about noon and the other late at night. Early in the morning something is usually taken before going out to work. This may consist of a *chapati* or a bit of rice left over from the night before. The two main meals are almost similar and there is usually no variation in the menu. In the season when rice is cheapest, it will form the main part of the meal ; or when wheat is the cheaper, this is eaten in the form of *chapatis*. In Rewa millet is frequently used. Along with these main articles a little vegetable curry and some pulse is usually eaten. Meats are not taken regularly as they are too expensive, but Kols eat most meats except beef. These

L:Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

is the family, but the wife is in no sense his slave and plays a large part in its control and management. All affairs are brought before the family for discussion and decision before final action is taken. If one party is not agreeable to a certain proposition the other tries by coaxing or by some other means to win his or her consent. Nevertheless this picture, given by the men, may be over bright, for it appears from close observation that the rights of the wives are much less than those of the men. She is not as free as the men are and it is not the custom for her to go here or there without hindrance. The woman has a certain amount of what might be called "personal property" and is not debarred from possessing it, though this is limited to her ornaments, her clothes and anything that she may make or acquire for her personal use. When the husband dies his property goes to the sons, but as long as she is living she must be supported by the sons. If there is no son, the property remains with her as long as she lives, but passes to the husband's male relatives at her death.

562 593 [422] [428]

The Kol widow is not subjected to the same disabilities as are found among certain classes of Hindus. She is not required to shave her head, nor discard her metal bangles and ornaments, nor wear a white *sari*. If young she may marry again, usually not less than a year after her husband's death, and if she is elderly she may go to live with her son or relatives. Widows are expected to make some contribution for their keep and are often found searching for fuel or roots and leaves.

589 [587]

PLACE OF THE WIFE. After marriage the chief duties of the wife are to care for the house, prepare the meals and be a mother to her children. In between it is generally expected that she will find some means to supplement the family income, either by directly engaging in remunerative work, or by gathering roots and tubers from the jungle, cow dung from the roads and paths, or wood for the kitchen fire. Dried cow dung cakes are most generally used for the fire. She does the washing of clothes for herself and her children. Men wash their own clothes.

462 562 593 [237] [296] 372

During her monthly courses there is some interruption of her regular work. During that time she may prepare her own food, but is not permitted to prepare food for another. The man must do his own cooking or make some other arrangements for the time being. There are other taboos at this time; she must never touch men's clothes nor should milk of any kind be touched by her. She may bring water from the well for her own use, but such water is taboo to any other member of the family.

593 841 [252] [312]

1:Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

764 the body or the grave. After that he should not look back but go straight on towards the village.

Before the mourners depart there are certain other things that should be done. The two pice previously mentioned should be laid at the northern end of the grave. These the Basor or some other low caste Hindu present will remove shortly afterwards. Some salt and some mustard seeds are also scattered over the grave. Salt is generally regarded as a protective and devil-scarer, while the mustard protects from evil spirits who are kept so busy picking up the tiny seeds that they have no time to think of evil. Sometimes a little milk and some millet seed are also scattered over the grave. Milk is an offering to Mother Earth.

It is not unusual to keep a fire burning over the place where the head is resting, though this is not the general custom. Such a fire should burn at least two days. This is managed by starting a fire and placing upon it two logs which keep on burning slowly for the next few days. Ordinarily the Kol puts no definite marker on the grave. The stones laid on top help to keep him from digging a new grave where an old was dug; yet it has been reported that in digging a new grave they have often come upon bones. Such a place is covered up and a new start made.

CREMATION. It was noted previously that the question whether a body should be burned or buried is, according to Kols, largely an economic one. Under modern conditions, especially near cities, where wood is scarce and expensive a cremation costs at least Rs. 5 and can hardly be afforded. Even then cremation is considered the most satisfactory method as it gives a greater freedom to the spirit. As long as the skeleton remains undecomposed in the grave, the spirit, if reborn into this world, will have to take some form like his previous one. If, however, the body is burnt and the bones largely consumed, the spirit is free to be reborn into anything else. There are other considerations in the mind of the Kol: children and unmarried young folk should always be buried, as should people dying from diseases such as leprosy, plague and smallpox. One dying of smallpox should on no condition be burned.

If the method of cremation is decided upon, the making ready of the body for this type of disposal is essentially the same as described above in the preparation for burial. Upon arrival at the *ghat*, the funeral pyre, rather than the grave, is prepared. In most cases the wood is purchased, although it is the custom for friends and relatives to bring bits of wood. Cow dung cakes may also be added. Ordinarily

l;Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

any kind of wood may be used, but some more Hinduized groups say that *chandan* (sandalwood—*Santalum album*) is preferred. They may buy seven small bits of it which they place over the seven important points of the body, which may be then considered as covered with *chandan* wood. In building the pyre no trench is usually constructed, but a good base is built up and the body laid on the pyre in the same manner as in the grave, head north, feet south; in the case of a man face downwards and for a woman face upwards. More wood is piled on top and the pyre is ready for ignition. 764

Lighting the Pyre. The fire is brought in an earthen vessel from the home of the deceased and is usually preserved by the use of burning cow dung cakes. It is the duty of the chief mourner to light the funeral pyre. If the deceased is a father or mother the eldest son, if he is of age, lights the fire. If the deceased is a son or daughter the father lights the pyre. If there is no parent, the eldest and closest male relative lights it. The chief mourner takes a torch lighted from the cow dung cakes and keeping the body to his right walks about the pyre seven times. At each round he touches the head with the burning torch. After the seventh time the torch is thrown into the pyre. After that others may also light various parts of the pyre. [372 237]

It will be noted that so far the Hindu priest has not been called upon. Ordinarily he has no place in Kol funeral ceremonies. He is only utilized on the fairly rare occasions when Kols take the ashes to the river where they are thrown in ceremonially. In due course there follows a description of such ceremonies. But there is always a low caste Hindu present, usually from the Basor or Domar group in the case of the Kols, who collects the cast-off things—*charpai*, clothes, and the pice that may be left at the burning place or grave. Later he is given gifts at the house and has his part in the funeral feast. 764 177 [793]

Gathering the Ashes—Khari or *Rakhi.* Moving ahead, in order to keep the cremation account intact, it is found that on the third day after the cremation a party should return to the *murdyaghat* to collect the ashes. Some milk is first sprinkled, then the bones which are unburnt are collected. The chief mourner picks up the first pieces. This is done with the left hand and the pieces deposited in either a new cloth bag or a new *ghara.* Usually only the men pick up the bits of bones, but on occasions the women may assist. The pieces are kept in a suitable place for later disposal. The sooner this can be done the better; but as quick disposal is not always possible they are brought back from the *ghat* to the village. The ashes are never brought within 764

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orthodox Hindus each passage of the sun from one constellation to another is marked by some kind of ceremony. The change after the sun has reached its most northern course coincides with the coming of the welcome monsoon rains, which turn the dry and dusty lands into a paradise of green. Russell and Hiralal also note that the Kurmis, an agricultural caste in the Central Provinces, keep this festival in the month of *Srawan* (July-August).[1]

Hariyari. This has been named to us by Kols and is probably very similar to, if not identical with, the *Hareli* festival. Crooke has a few words by way of information: "Bhuiyas, Kols, and Binds of the United Provinces also worship during the rainy season Haryari Devi, 'Mother of Greenery', by employing their Baiga priest to sacrifice chickens and to pour a libation of wine on the field after harvest or before the sowing season."[2]

Holi. This festival is usually called *Phag* by Kols as it occurs in the month of *Phagun* (February-March). It is essentially a spring festival, largely entered into and carried on by the lower castes. It marks the coming of spring, and the sympathetic magic in the ceremony tends to promote the fertility of crops and animals.

Kols who live in or near cities and towns observe this more than those isolated in villages. In Rewa a group of Kols claimed that they would not particularly observe it, but Kols near Jubbulpore said that those who remained behind in Rewa observed it much more fully than they who had left and come away.

Preparations for the *Phag* festival were watched in a Kol village close to Jubbulpore, and our enquiries were freely answered. The first part of the festival centres around a great bonfire which is arranged much as Hindu castes construct it. This should always be built outside the village and eastwards, towards the rising sun. If one Kol village cannot get up enough enthusiasm for a good celebration, they may join with another village in their preparations, or several villages may join together. The wood for the fire may be taken by force or stolen from its owners, and the owners are not supposed to make any protest.

The place chosen for the fire is first cleared and levelled. In the centre a hole is dug, into which the pole, around which the wood is to be stacked, will be inserted. Two pice, some *haldi* and a *supari* nut are dropped into the hole. The central pole should be of *andi* wood, the castor oil stalk (*Palma christi*), and around this the wood, brush and other inflammable materials are laid. The larger the pile the more

1 Russell and Hiralal, *Tribes and Castes*, Vol. IV. p. 84.
2 Crooke, W., *Op. Cit.*, p. 265.

1:Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

796 successful the ceremony. Last of all the whole is covered with a layer of dry grass.

[177 793] The time for the actual lighting is learned from the Hindu *pandit* who knows horoscopy and can tell it exactly. Theoretically the pile should be lighted at full moon, when the sun and the moon are exactly [821] in opposition. This may occur before sunset, and if so, the pile should be lighted as soon as dusk has fallen. It was to be lighted in the case we investigated at 3 a.m. When the hour has come, all who take [522] part in the festivities gather round the sacred pile with much laughing and vulgar jesting. A cocoanut is usually broken just as the fire is [237 touched off. The fire is lit from burning cow dung cakes; and before touched off, it is carried by the *panda* seven times around the pile 372] which is always kept to his right, so that he goes clockwise about it. The glowing cow dung cakes are then inserted into the wood and grass drawn over it, and the fire begins. One should never blow upon this fire to get it started. It should be fanned, but never blown from the mouth. Now the whole group will circumambulate the fire in a clockwise direction, throwing wheat or other gifts into it. Later on, as the fire dies down, some daring youths may jump over it or run through it. As the group goes about the fire, they shout: "*Hori ha, Hori mata*, take thou this wheat our *Hori mata*." *Hori* is used for *Holi*. Singing is kept up all night, and more wood may be thrown upon the fire.

796 With the lighting of the fire, the obscenity of this festival is loosened, and may be resorted to all night and the next day. Obscene 786 songs of the *Kabiri* type in which the sexual act is described with 831 appropriate gestures are sung. These are not directed against any particular individual, and no offense should be taken by anyone. A woman may snatch away a bit of the clothes of a man known to her, such as his cap or *pagri* or cloth flung over his shoulder. He must give her a present before he can recover it, and the hat should be filled with *gur* (raw sugar) and sweets before he can get it back. Sexual license is permitted at this time.

[787] Certain prophecies about the coming harvest are made by observing the way the fire burns, the smoke rises, and how it is carried away by the wind.

On the day following liberties of all kinds are taken with people. Dust, mud, dirt, and water coloured red, are thrown over passers-by. Sugar garlands are exchanged and indecent remarks passed. *Kabiri* [533] songs and others celebrating Krishna's love affairs are sung. The more shameless a lowcaste man can be, the more lustily he is cheered by his companions. There is no redress for those insulted on this

1;Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

776 that several men had already lost their lives, and others had been
791 injured because they failed to show deference. At any time of the day
493 one who passes this place should get off his cycle, stop, ask permission of the spirit to pass by, then walk with his cycle and mount it again a few paces beyond.

789 PROTECTIVE MEASURES. Various kinds of devices are used by Kols to ward off the power and effectiveness of the evil eye and the spirit world. The protective remedies commonly employed are listed alphabetically.

[195 533 585] *Abuse.* The abusive language and songs generally used at the time of the wedding have a prophylactic value. There is somehow resident in *gali* a power which protects the bride and groom from evil influences.

789 *Ashes* are commonly employed both on religious and social
372 occasions. Immediately after birth the new-born babe is dusted with ashes. They are also scattered over the place of birth, lest the spirits get a portion of the afterbirth and use it against the child and [844] the family. A magic circle of ashes is put around the bed of the mother and her new-born child. When the *nara*, the stump of the umbilical cord, falls off, it is buried in the floor of the house, and a fire which is kept burning over the spot constantly supplies fresh ashes.

Ashes are kept in shrines to frighten evil spirits away. A portion [775] thrown into the air from time to time will be effective in doing this. A fleck of ashes in a child's mouth after feeding with milk keep *bhuts*, who are passionately fond of milk, at a safe distance from the child. [237] The ashes from burnt cow dung cakes are especially useful as are the ashes of wood from the *bel* tree.

789 *Bangles* are a protection. The glass types are mostly decorative,
301 but their colours are efficacious as certain colours repel demons. Kols believe that metal bangles are the most effective, particularly the [775] copper and iron types. As *bhuts* may enter through the feet or hands, bangles on the wrists and ankles prevent that way of entry.

Beads about the neck of children are particularly defensive against the evil eye. They should be of bright colours and the Kols [832] most often use a type made from lac. Blue beads about the necks of cattle help to protect them from the evil eye and all valuable animals should be so guarded. A unique charm noted in this connection, though not among the Kols, was that of old bicycle chains fastened about the necks of cattle.

789 *Charcoal*, because it is a form of ash and black in colour, is a
776 devil-scarer. Mixed with milk and wine and spread in a circle, it
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372 776 789

forms an effective bar to evil spirits who dare not cross that line. Sometimes it is dropped into milk as it is brought home, in order to protect it from the milk-loving *bhuts*.

. *Colours* are also an effective protection. Black is particularly valuable as a prophylactic from the evil eye. Hence lamp-black is put on the face just beneath the child's eye. This disguises and renders him less attractive, and as a result the evil eye will not linger on him. Black marks on a white-washed tile or earthen pot ward off the evil eye in the case of crops. Black also pleases Kali and she is glad to see it.

754 789 822 [776]

Red frightens off demons and red flags found above almost every shrine have a dual significance : they please the good spirits and frighten off the evil ones. The *sendur* (vermilion) put on the bride and groom is a protective at that vital time. Following the purification ceremony, six days after the birth of the child, the mother's feet are coloured red.

[585] [846]

Yellow also protects and there are anointings with turmeric in oil at the times of birth, wedding and death. At such crises of the soul they keep away forces bent on evil.

White is also used : a white *pot*, or daub, placed on the side of the face, immediately in front of the ears, is said to be protective in the case of the child and wards off the evil eye.

Copper. Iron and copper bangles are common among the Kols and some say that of the two copper is to be preferred and is more effective ; it was offered to Hanumanji the monkey god, and is hence very sacred. On no account should this sacred metal be used for dishes nor *lotas*, especially if the *lota* is to be taken out for latrine purposes. To do this would insult Hanumanji and show disrespect to copper. The copper bangle is a very potent charm, and among Kols it is often found that children have a copper anklet on one foot and an iron one on the other. The same applies to the wrists. The little boxes frequently seen attached to strings about the neck, containing powerful protectives such as tiger's claws or *mantras* (written charms), are generally made of copper.

789 823 [415 514]

Incense and Smoke. Incense attracts good deities and, conversely, repels evil personalities. At the time of worship incense is thought of as having this dual function. The odour of burning *ghi* is very effectual in this respect. Smoke usually repels demons and if articles which cause an evil odour are dropped into the fire they are driven away. In the Kol birth chamber the baby is passed through smoke soon after birth, and for some days the air in the lying-in room is kept smoky by means of a fire smoldering somewhere within it.

789 372 [844]

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[P. 217]

CHAPTER XI

MUSIC, SONGS, DANCE AND ART

The Kol people are passionately fond of music and song. It is not infrequent for them to sing, dance and beat the drum the whole night through. One of the reasons advanced for their living separate from Hindu villages is that it makes it possible for them to sing and play to their hearts' delight without being disturbed or disturbing anyone. The drums as played by the Kols beat with a particularly strident and penetrating note audible from long distances away. A real emotional release is connected with their music and the sense of rhythm felt throughout an evening with them can never be forgotten. The tones seem to pierce to the very marrow of one's being and make the body tingle. Great skill is required in playing the drum and for long periods the pace is kept up without a break. It takes practice, skill and strength to maintain this movement.

MUSICAL INSTRUMENTS. The Kols make no use of wind instruments nor do they often use the stringed type, although the *sarangi*, a one-stringed instrument, is sometimes seen. They limit themselves to various types of instruments of percussion of which four kinds are chiefly employed by them:

1. *The Dholak.* The *dholak* is the favourite instrument of Kols and, in comparison with other types of percussion instruments, it is by far the most frequently used. It is cylindrical in shape and is constructed by a hollowing process from a solid block of wood. Each end is covered with skin stretched out by leathern thongs attached to the shell. The tightening or loosening of the thongs by adjusting a round block of wood under them serves to give the drum its desired pitch. A mixture of wood ash and boiled rice is often applied to the leather to give it more resonance. Both hands are used in playing it, the beats of the two hands usually differing, producing a syncopated beat of a nature difficult to imitate. The illustrations[1] show *dholaks* and the accompanying text figure makes their construction clear. The diameters of each

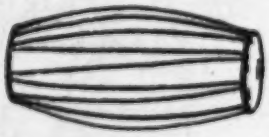

Fig. 28. The Dholak

1 See plate XVIII.